## **American Geriatrics Society**

# ELECTRONIC HEALTH RECORDS FOR GERIATRICS HEALTH CARE PROVIDERS

### General Components of an EHR

- 1. Data should be in structured format for easy retrievability and monitoring over time.
- 2. 24 hour IT support should be available.
- 3. Automatic billing level suggestion (and submission of bill).
- 4. Retrievability of data for quality reporting and research.
- 5. Previous button to import last visits data into various (all or some) fields.
- 6. Reminders for preventive care that is due.
- 7. Options for users to add test, scales, etc. as knowledge and evidence develop and warrant it.
- 8. Designated area for caregiver information.

## Specific Geriatric Components of an EHR

#### History

- Cognitive Screening (Montreal Cognitive Assessment {MoCA}, Saint Louis University Mental Status {SLUMs}, etc.)
- Depression Screening (Geriatric depression scale, Patient Health Questionnaire {PHQ-9, etc})
- Pain level and location(s)
- Medication list:
  - sort by alphabet, entry date, deleted, category/ disease, and
  - o include over the counter medications, oxygen, walker, hospital bed, physical therapy, etc.
- o Problem list: sort by alphabet, entry date, category
- o History of Present Illness (HPI) import previous
- o Home Health Agency
- Home Assessment: stairs, railings, heating, air, flooring, bathroom, smoke detector.

- o Facility Information
- Risk Factors: falls, depression screening with link to tool, sexually transmitted disease risk, alcohol, drugs, nutrition, osteoporosis, cardiovascular disease, functional decline, pressure sores, etc.
- Advanced Directives, Healthcare Power of Attorney (HCPOA)
- Activities of Daily Living (ADLs): bathing, dressing, grooming, continence, walking, transfer, eating, etc.
- o Instrumental Activities of Daily Living (IADLs): finances, driving, telephone, medication, etc.
- o Physical Therapy, Occupational Therapy, Speech Therapy
- o Durable Medical Equipment
- o Oxygen
- Review of Systems (ROS), include: ROS could not be obtained due to patient's condition (replace condition with dementia, aphasia, etc.)

#### **Physical Examination**

- Supine and upright blood pressure (BP) and Pulse for orthostatic BP assessment in vital signs.
- o Eyes with last eye exam info.
- o Hearing with last audiology, use of hearing aids.
- o Breast with mammogram info.
- Heart with echo, stress test, ankle brachial index, lab info, etc.
- Skin with pressure ulcer field, button for Braden scale, hygiene.
- Musculoskeletal with falls evaluation, button for relevant tests (e.g. "Get up and Go" test, Dual X-ray Absorptometry (DXA) or risk calculation)
- o Abdomen with rectal, guaiac and colonoscopy field.
- o Genitourinary with bladder scan, etc.
- Neuro with stroke option for hemiparesis, tremor, sensation, aphasia, gait, range of motion.
- Psych: cognition (include comparison with prior and date), visual/ auditory hallucinations.

### **Assessment and Plan**

o Some EHR systems import results under the respective diagnoses in the Assessment and Plan; others in the Physical Examination. Results of interest are lab, radiology, other tests, and risk calculators.